

Help Patients Understand Prostate Changes and Conditions

Men experiencing prostate changes as a natural part of aging may have concerns about what these changes mean.

The National Cancer Institute's patient booklet, *Understanding Prostate Changes*, informs men about the spectrum of prostate conditions and emphasizes that not all prostate changes mean prostate cancer.

UNDERSTANDING PROSTATE CHANGES



A HEALTH GUIDE FOR MEN

PATIENT
& family
EDUCATION

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
National Institutes of Health
National Cancer Institute

Understanding Prostate Changes

This booklet explains:

- Prostate changes that occur with age
- Prostatitis and BPH: symptoms and treatment options
- Prostate cancer: facts, symptoms, risk factors, and prevention
- Patient-physician communication
- Types of tests

Free copies are available for use in your practice.

Call 1-800-4-CANCER or visit www.cancer.gov and click on "NCI Publications."

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